Lesson:

**Poder - for Ability**

**General:**

<table>
<thead>
<tr>
<th>Time:</th>
<th>40 mins - 1 hour</th>
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<td>Objectives:</td>
<td>Talking about ability, asking &quot;Puedes....?&quot; questions and answering with &quot;Yo puedo....&quot;.</td>
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</table>
| Structures:   | "¿Puedes....?"
                "Yo puedo"
                "¿Qué puedes hacer?" |
| Target Vocab: | saltar, correr, nadar, brincar, zapatear, darte la vuelta, volar, manejar bicicleta |

**You will need to download:**

| Flashcards: | saltar, correr, nadar, brincar, zapatear, darte la vuelta, volar, manejar bicicleta |
| Printables: | • Acciones Capacidad Básica worksheet  
               • Acciones Capacidad Básica 3 worksheet  
               • ¿Qué Puedes Hacer? Song Poster  
               • Warm Up & Wrap Up lesson sheet |
| Readers:    | Yo puedo |
| Songs:      | ¿Qué Puedes Hacer? *(What Can You Do?)* |

These can be downloaded at [http://www.spanishkidstuff.com/lesson-plans.html](http://www.spanishkidstuff.com/lesson-plans.html)

**You will also need:**

- colored crayons / pencils
- CD / Tape player or something to play the song on

**Notes:**

This is a high energy lesson which is great fun and allows your students to pick up the structures quickly. Parts of this lesson can be used in other lessons as energy burners (especially the song).
Lesson Overview:

Warm Up and Maintenance:

1. See our "Warm Up & Wrap Up" lesson sheet.

New Learning and Practice:

1. Teach the actions vocab
2. Play "Quick flashcard actions"
3. Play "Teacher Says"
4. Teach "¿Puedes ..?", "Yo puedo ..."
5. Sing the "¿Qué Puedes Hacer?" song
6. Do "Acciones Capacidad Básica" worksheet
7. Read classroom reader "Yo puedo"

Wrap Up:

1. Set Homework: "Acciones Capacidad Básica 3" worksheet
2. See our "Warm Up & Wrap Up" lesson sheet.

Lesson Procedure:

Warm Up and Maintenance:

See our "Warm Up & Wrap Up" lesson sheet.

New Learning and Practice:

1. Teach the actions vocab
Start with flashcards of the actions in the song (saltar, correr, nadar, brincar, zapatear, darte la vuelta). Have all your students stand up and pull out the first flashcard (e.g. "saltar"). Get the students to do the action as soon as you reveal the card. Shout out the word as you are all doing the action and encourage everyone to shout the word as well. Do this for all 6 cards.
2. Play "Quick flashcard actions"
Lay the flashcards face down on the ground and mix them up. With your students still standing, quickly turn over one card for all to see and shout out the action (e.g. salta). Everyone jumps for a second or two. Then turn over another card and shout the action for everyone to do. This should be quick paced with actions changing frequently.

After a few rounds mix the cards up again and pick up one card. This time don't show it to everyone – look at it yourself and then shout out the word (e.g. "corre") and see if everyone does the right action. If they are having problems show the card. Do this for all of the cards until everyone is getting the actions right.

3. Play "Teacher Says"
This is the game "Simon Says" but using the word "profesor", or your name, instead. Go straight into the game (no explanations necessary) by saying "El profesor dice (salta)" (Teacher says jump). Do the action and make sure everyone else follows along. Do a few more "corre, date la vuelta, nada, etc." (run, turn around, swim, etc.). Then at some point give a command without the "El profesor dice" part (e.g. "salta"). First time round, everyone will jump, so make it very clear that they shouldn't do this when you don't say "El profesor dice". After a while your students will get the hang of it. Play the game faster and faster. When a student makes a mistake they have to sit the rest of the game out. The last student standing is the winner.

4. Teach "¿Puedes ..?", "Yo puedo …"
Take out two more flashcards for the actions "volar" and "manejar bicicleta". Have all your students sit down. Pull out the "saltar" flashcard. Say "Yo puedo saltar" – point to yourself and nod your head. Then jump and again say "Yo puedo saltar". Do the same for another flashcard (e.g. correr). Then pull out the "volar" flashcard. Look surprised and shake your head, saying "No, yo no puedo volar". Motion trying to fly but falling on the ground.

You can also ask some students "¿Puedes volar?" – some are bound to say "sí", but look shocked and say "No, creo que no". Next do a few more actions (darme la vuelta, brincar) and then pull out the "manejar bicicleta" flashcard. Again, say "No puedo manejar bicicleta"
and motion trying to but falling off. Then finish with the remaining flashcards (you can choose whether to say you can or can’t swim).

Now, pull out a flashcard (e.g. brincar) and say to the class "¿Puedes brincar?". Encourage everyone to say, "Sí, yo puedo brincar" and show you how. Do this with all of the flashcards – try and encourage some to say they can’t do some actions (e.g. darme la vuelta, nadar and especially volar!).

5. Sing the "¿Qué Puedes Hacer?" song
Place the flashcards on the board in order of the song, or pin up the "¿Qué Puedes Hacer?" song poster. Play the song and sing along – encourage everyone to sing and do the actions with you. For the first time you use this song, play it a couple of times.

### Lyrics for "¿Qué Puedes Hacer?" (What Can You Do?)

(Each verse gets faster and faster)

**Estrofa 1:**
¿Qué puedes hacer?
¿Qué puedes hacer?

¿Puedes saltar?
¡Yo puedo saltar!
Saltar, saltar, saltar, saltar, saltar, saltar, saltar, ¡Yo puedo saltar!

¿Puedes correr?
¡Yo puedo correr!
Correr, correr, correr, correr, correr, correr, correr, ¡Yo puedo correr!

**Estrofa 2:**
¿Qué puedes hacer?
¿Qué puedes hacer?

¿Puedes nadar?
¡Yo puedo nadar!
Nadar, nadar, nadar, nadar, nadar, nadar, nadar, ¡Yo puedo nadar!

¿Puedes brincar?

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**Gestures for "¿Qué Puedes Hacer?" (What Can You Do?)**

The actions to this song are simple – simply do each action as they come up in the song. It’s probably best for everyone to do the actions on the spot otherwise things could get a bit hectic!

"¿Puedes brincar?
¡Yo puedo brincar!
Brincar, brincar, brincar, brincar, brincar, brincar, brincar, ¡Yo puedo brincar!"
¡Yo puedo brincar!
Brincar, brincar, brincar,
brincar, brincar, brincar,
¡Yo puedo brincar!

Estrofa 3:
¿Qué puedes hacer?
¿Qué puedes hacer?
¿Puedes zapatear?
¡Yo puedo zapatear!
Zapatear, zapatear, zapatear,
zapatear, zapatear, zapatear,
zapatear, zapatear, zapatear,
¡Yo puedo zapatear!
¿Puedes darte la vuelta?
¡Yo puedo darme la vuelta?
Voltear, voltear, voltear,
voltear, voltear, voltear,
¡Yo puedo darme la vuelta!

Estrofa 4:
(¡Vamos a hacer los seis!)  

Vamos a saltar, saltar, saltar,
saltar, saltar, saltar.
Vamos a correr, correr, correr,
correr, correr, correr.
Vamos a nadar, nadar, nadar,
nadar, nadar, nadar.
Vamos a brincar, brincar, brincar,
brincar, brincar, brincar.
Vamos a zapatear, zapatear, zapatear,
zapatear, zapatear, zapatear.
Vamos a voltear, voltear, voltear,
voltear, voltear, voltear.
Vamos a saltar, correr, nadar, brincar, zapatear, voltear.
¡Podemos!
6. Do "Acciones Capacidad Básica" worksheet
To finish off this section of the lesson, give out worksheets which have the vocab from the song. As your students are doing the worksheets, ask questions (e.g. "¿Qué es esto?", "¿Puedes nadar?", etc.).

7. Read classroom reader "Yo puedo"
To finish off this section of the lesson, we'll read a nice, simple story. Before class, download and print off the reader "Yo puedo" from our website. As you go through each page, point to the pictures and elicit each key word, for example:

Teacher: ¿Qué es esto?
Students: Es un conejo.
Teacher: Y aquí el conejo dice "Yo puedo....".
Students: ¡Saltar!
Teacher: (to students) ¿Podéis saltar?
Students: ¡Sí! (students start jumping)

Get the students really involved in the story by asking lots of questions (e.g. eliciting colors and other objects) and getting them to do the actions in the story.

Wrap Up:
1. Assign Homework: "Acciones Capacidad Básica 3"
2. Wrap up the lesson with some ideas from our "Warm Up & Wrap Up" lesson sheet.

- All flashcards, worksheets, craft sheets and songs used in this lesson plan can be downloaded at eslkidstuff.com/esl-kids-lesson-plans.html
- More free Lesson Plans are available at eslkidstuff.com/esl-kids-lesson-plans.html

Please report any mistakes at http://www.eslkidstuff.com/contact.html

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